

# **DIETITIAN JOB DESCRIPTION**

<u>Job Title:</u> **Dietitian** <u>Job Code:</u> **SS161** 

Pay Grade: 122 <u>Effective Date: October 2007</u>

FLSA: Non-Exempt Revision Date: April 2023

## **NATURE OF WORK**

Under general supervision, provides client services to participants of the Women Infants & Children (WIC) program including nutritional counseling, education, and training.

#### **ESSENTIAL FUNCTIONS:**

The following duties **ARE NOT** intended to serve as a comprehensive list of all duties performed by all employees in this classification, only a representative summary of the primary duties and responsibilities. Incumbent(s) may not be required to perform all duties listed and may be required to perform additional, position-specific duties.

- Provides nutrition counseling for qualifying women, infants and children; assesses nutritional needs of WIC
  participants based on clinical and socioeconomic information; certifies eligibility, and explains eligibility
  criteria, participant responsibility and WIC policies.
- Carries a caseload of individual clients and families; develops an individualized case plan; monitors and follows-up regularly to reassess client status and reinforce personal improvement plans.
- Provides WIC program services in compliance with State and Federal regulations and guidelines.
- Teaches classes on nutrition, prenatal and breastfeeding education; monitors students and provides technical assistance as needed; maintains program documentation files as required.
- Provides community outreach; educates participants on proper nutritional practices; refers individuals to other health professionals and agencies as needed.
- Coordinates services with other programs, departments and agencies; conducts presentations and training programs to communicate the WIC programs to other organizations in the community.
- Compiles operational statistics; assists with grant program reporting; coordinates communications between WIC programs and other agencies.
- Maintains client records to meet state laws, WIC program requirements, and quality standards.
- Maintains absolute confidentiality of work-related issues, personnel records and County information; complies with the confidentiality standards of the Privacy Act of 1974, {U.S.C. § 552A} as amended, and HIPAA policies and procedures.

## **WORKING ENVIRONMENT / PHYSICAL DEMANDS:**

Work is performed in an office environment and involves light physical demands and frequent use of a personal computer.

#### **EMPLOYMENT STANDARDS:**

Bachelor's Degree in Nutrition, Food Sciences, or related field; AND one (1) year of experience in public health nutrition.

A valid Driver's License is required. Must possess a Registered Dietitian License from the Washington State Department of Health.

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### **KNOWLEDGE AND SKILLS:**

# **Knowledge of:**

- County policies and procedures.
- Federal, State, and County laws, codes, rules, and regulations related to social services programs.
- United States Department of Agriculture (USDA) and Washington State Department of Health, WIC Nutrition Program policies, procedures, and reporting standards.
- Principles and practices of nutrition and dietetics, including health maintenance and wellness.
- Case management methods, practices, and procedures for assigned client population.
- Community resources and public health programs for appropriate referrals.
- Principles of record keeping and records management.
- Customer service and public relations methods and practices.

# Skills in:

- Understanding, interpreting and applying relevant statutes, ordinances, codes, and regulations.
- Presenting nutritional information to WIC program participants and the public.
- Counseling patients with a variety of health problems.
- Working effectively with others to develop solutions for social services problems.
- Interacting with people of all social, economic, cultural, and ethnic backgrounds.
- Operating a personal computer utilizing standard and specialized software.
- Establishing and maintaining effective working relationships with co-workers, other County employees, and representatives from other City, County, State, and Federal agencies.
- Communicating effectively verbally and in writing.